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Rotary Burs & Polishers

PEAK PERFORMANCE

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Alpen[®]
ROTARY INSTRUMENTS

What I look for in rotary instrumentation

Christopher Pescatore, DMD

The experienced cosmetic dentist and clinical educator shares his perspective on aesthetic dentistry, how burs and polishers directly influence outcomes, and why he sees every case as a learning opportunity – even after 35+ years.

With every restoration, I'm striving to create something so natural, so seamless even I can't tell where the tooth ends and the dentistry begins. This pursuit of "invisible dentistry" shapes my entire workflow, especially the products I rely on every day.

My dental journey started in New York and New Jersey with fantastic mentors who shaped my treatment philosophy: Pay close attention to occlusion, respect the fundamentals, and treat every margin as my signature. The goal is to never have a failed restoration, which is why I'm uncompromising about my technique — and my rotary instruments.

Whether I'm refining a ceramic margin or shaping a conservative prep, a bur must cut predictably and leave a surface that sets me up for success. Low-quality diamond finishes create irregularities, and cheap carbides chatter or gouge. But a great bur disappears into your workflow. My outlook on rotary instruments hasn't changed much over the years. I still use many of the same shapes and grits I started with in the 90s. What has changed is my appreciation for how subtle differences in design and material affect outcomes.

What do I look for? Extra-fine, natural diamond coatings that grind efficiently but leave an incredibly smooth surface. Minute differences in working length that can improve access. Atraumatic head shapes that make it easier to work around the gingiva without damaging the root surface. And intuitive polishing systems that adapt to different surfaces.

Great cosmetic dentistry doesn't happen by accident. It takes intentionality, repetition, and dependable tools in your hands.

"There are no shortcuts to quality.

Great margins, great polish, great outcomes — it all starts with the right rotary instruments."



Dr. Christopher Pescatore

Restorative & Cosmetic Dentist

Danville, California

- Editorial Board Member, *REALITY Ratings & Reviews*
- Former Editorial Board Member, American Academy of Cosmetic Dentistry
- Former Clinical Co-Director, Las Vegas Institute for Advanced Dental Studies
- DMD, University of Medicine and Dentistry of New Jersey

